

Going deeper

Psalm 121 is one of the 'song of ascents.' It was part of a collection to be sung as people ascended up to Jerusalem on their way to the Temple. As the pilgrims travelled and looked up towards the temple on top of the mountain ahead of them, they could reflect that God was looking over them and caring for them.

Read Psalm 121

5. How does this Psalm make you feel?

6. Why is the LORD's help so powerful? How has what Mark has been telling us about Jesus show us that we can trust in Jesus for this help?

7. Why is it important to know that God does not sleep?

8. How is the LORD being 'your shade at your right hand' an added assurance?

9. How does knowing God is 'watching over' our life an encouragement?

Now do the applying it to our lives questions...



**Week Beginning
Sunday 28th January 2018**

Growth Team News

This is the last Growth Team session for a couple of weeks as we take a half-term break. It is also the last in our series on 'There's no-one like Jesus', looking at Jesus's demonstration of power in Mark's gospel.

After the break we will be thinking about the nature of the church in a series called, 'POP Church'.



**Growing in Christ
to glorify God
and enjoy Him forever.**

No-one else walks on water

Mark 6:45-52 (page 1009)

Space to take notes on the talk

❖ _____ Faith

❖ _____ Faith

❖ _____ Faith

Starter question

❖ What was your worst ever journey?

Responding to the talk

1. Was there anything in this week's talk that you found particularly nourishing or satisfying?
2. Read Mark 6:45-46
 - a. Why is Jesus's response to popularity to get alone and pray (cf. Mk. 1:35; John 6:14-15)?
 - b. Why do you think Jesus made the disciples leave before dismissing the crowd? What was he protecting them from?
3. Read Mark 6:47-50
 - a. The 'fourth watch' is between 3 and 6am. How do you think the disciples would have been feeling at this stage, having been on the lake all night?
 - b. What does Jesus walking on the lake show us about him? (cf. Psalm 77:19; Isaiah 43:16)
 - c. Why did the disciples think they were seeing a ghost?
 - d. Why does Jesus tell them to 'take courage'?
 - e. How would knowing it was Jesus encourage them?
4. Read Mark 6:51-52
 - a. Should the disciples have been completely amazed?
 - b. What hadn't they understood about the loaves? (cf. 8:14-21)
 - c. What should they have understood? (cf. 8:29)

You may like to do the 'Going Deeper' questions over the page.

Applying it to our lives

10. Someone tells you that Jesus was just a good teacher. How might you respond in the light of what we have learnt about him in Mark?
11. A Christian friend is feeling weary and worn out. It feels like God has abandoned them. How might you encourage them with what we have learnt?