

Going Deeper

Martin Luther claims that Psalms 32, 51, 130 and 143 all teach that ‘forgiveness of sin comes, without the Law and without works, to the man who believes. This is just what [the apostle] Paul says, and that is why I call them the Psalms of Paul.’”

This week we considered Psalm 143 as it picks up on the leading of the Spirit, a key theme in Romans 8.

Read Psalm 143

5. What does David want to be rescued from?

6. Why does David think God will help him?

7. What does David **not** want God to do and why?

8. How does David express his utter dependence on God and the depths of his desire for God’s help?

9. What does David seek to remember and meditate on? Why does he do this?

10. What help does David request in order to be able to do God’s will?

Now do the applying it to our lives questions...



**Week Beginning
Sunday 17th March 2019**

Growth Team News

This week we continue into Romans 8 a great chapter about the work of the Holy Spirit in the Christians life. In this section Paul shows how we need the help of the Spirit to defeat sin in our lives.

Join with others to explore today’s sermon in more depth, build stronger Christian relationships and support one another in prayer. Why not join a Growth Team?

**Growing in Christ
to glorify God
and enjoy Him forever**



Life by the Spirit

Romans 8:1-17 (page 1134)

Space to take notes on the talk

The Big Picture:

❖ **The Problem:** _____

❖ **The Solution:** _____

How do we deal with sin?

➤ **S**____ the s_____ of sin

➤ **A**_____ our _____

➤ **S**_____ the _____ of the Spirit

Starter question

❖ What have been the biggest battles in your life?

Responding to the talk

1. What was the most important point to take away from this week's talk for you?
2. Read 8:1-4
 - a. Why does Paul remind us at this point that there is no condemnation for Christians? (Look back at 7:21-25)
 - b. What is the alternative to living according to the 'sinful nature' (or 'flesh' in some versions)?
 - c. How did God condemn our sinful nature? How does this help us deal with it?
3. Read 8:5-13
 - a. What problems are caused by our sinful nature?
 - b. Who has the Holy Spirit in them?
 - c. What shows that the Spirit has the power to combat sin in our lives?
 - d. How do we, 'put to death the misdeeds of the body'?
4. Read 8:14-17
 - a. Why might living by the Law without the help of the Spirit make us 'fearful'? (cf. 7:5,13,24)
 - b. What new kind of relationship with God does the Spirit show us we have and how does this comfort us?
 - c. What new hope does the Spirit assure us we have?

You may like to do the 'Going Deeper' questions over the page.

Applying it to our lives

11. A Christian friend says we don't need to worry about sin anymore, because God has dealt with our sin. In what sense is that right and in what way does it need challenging?
12. How does what we have learnt from this passage help someone who is struggling with a particular sin they keep committing?