

**From the Nicene Creed:**

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.

**Going deeper**

Romans 8 speaks of the radical inner change that the Spirit brings when we put our faith in Christ. It is a change that enables us to please God in a way that was impossible by just trying to follow the Law as it is written in the Old Testament. Yet, it was also something looked forward to by the prophets:

**Read Jeremiah 31:31-34**

5. What is the difference between the 'old covenant' and the 'new covenant'?
  
6. What was the problem with the 'old covenant'?
  
7. How will the new covenant change people inside and how will it change their relationship with God?
  
8. How does Romans 8 show that this prophecy has been fulfilled in the new era of the Holy Spirit?

***Now turn over and do 'Applying it to our lives'.***

# Growth Teams

**Week Beginning  
Sunday 8<sup>th</sup> February 2015**

**Growth Teams**

Growth Teams are a wonderful opportunity to go deeper with other Christians. They are a great place to build real friendships and support networks, to pray for one another and to look more carefully at the topics we consider on a Sunday.

We are presently looking at the Nicene Creed. This week we look at the Holy Spirit – the Lord and giver of life.

This is the last Growth Team before a two-week half-term break.



**Growing in Christ  
to glorify God  
and enjoy Him forever.**

## **We believe in the Son**

Romans 8:1-17 (pg. 1134)

*Space to take notes on the talk*

## **The Holy Spirit...**

❖ A \_\_\_\_\_ the Son's \_\_\_\_\_ work to us

❖ A \_\_\_\_\_ us to live a \_\_\_\_\_ for God

❖ A \_\_\_\_\_ our \_\_\_\_\_ as sons of God

## **Starter question**

- ❖ What blessings did you gain by being born into your earthly family?

## **Responding to the talk**

1. How would you sum up this week's talk in one sentence?
2. Look at Romans 8:1-4
  - a. What blessings do we receive as Christians, according to these verses?
  - b. What does the passage say that each person of the Trinity has done for us? (God, Son and Holy Spirit)
  - c. How are we powerless without God's help (cf. 7:14-25)?
3. Look at Romans 8:5-14
  - a. What do these verses say about those 'controlled by the sinful nature'?
  - b. How does that make you feel about the situation of non-Christians?
  - c. What do these verses say about those 'controlled by the Spirit'?
  - d. How do you feel about the idea of 'putting to death' your sinful nature? (vs. 13)
4. Look at Romans 8:15-17
  - a. What confidence do you gain by being a 'son of God'?
  - b. What hope do you gain from being a 'son of God'?

*If there is time, you may like to do the 'Going deeper' questions over the page. Otherwise please just jump to questions 9 and 10.*

## **Applying it to our lives**

9. How can we best communicate with non-Christians the true life that becoming a Christian brings?
10. What practical lessons can we draw from this passage about 'putting to death' our sinful nature?